Vision and the light environment

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Almost all animals, no matter how humble, possess eyes. Only those that live in total darkness, such as in a pitch-dark cave, may lack eyes entirely. Even at tremendous depths in the ocean — where the only lights that are ever seen are rare and fitful sparks of bioluminescence — most animals have eyes, and often surprisingly well-developed eyes. And despite their diversity (there are currently ten generally recognised optical types) all eyes have evolved in response to the remarkably varied light environments that are present in the habitats where animals live. Variations in the intensity of light, as well as in its direction, colour and dominant planes of polarisation, have all had dramatic effects on visual evolution. In the terrestrial habitats where we ourselves have most recently evolved, the light environment can vary quite markedly from day to night and from one location to another. In aquatic habitats, this variation can be orders of magnitude greater. Even though the ecologies and life histories of animals have played a major role in visual evolution, it is arguably the physical limitations imposed on photodetection by a given habitat and its light environment that have defined the basic selective pressures that have driven the evolution of eyes.

Terrestrial light environments

The light experienced by day-active (diurnal) terrestrial animals is completely dominated by direct and indirect light from the sun, which behaves approximately as a celestial blackbody radiator. Like all blackbody radiators, the spectrum of light emitted by the sun characteristically depends on its surface temperature (around 5800 °K), although before reaching the Earth’s surface this broad spectrum is narrowed by absorption in the ultraviolet (UV) and the infrared (by the filtering affects of the ozone layer, water vapour and other atmospheric constituents).

As a result of atmospheric (Rayleigh) scattering of this sunlight — which is much greater at shorter wavelengths — the wide dome of the sky, whilst considerably dimmer (per unit area) than the sun, is also substantially bluer. Because of its much larger size compared to the disc of the sun, the blue sky contributes a significant fraction of the shorter wavelength light seen by diurnal animals (light in the 300–500 nm range) and affects the final measured spectrum of skylight irradiance (Figure 1A).

Scattered skylight is also linearly polarised, with the exact direction of each light ray’s electric field vector, and its degree of polarisation, varying systematically across the dome of the sky. Rayleigh scattering thus creates a distinct pattern of skylight polarisation, within which the electric field vectors are approximately arranged in concentric circles around the sun. The pattern has a symmetry plane defined by the solar meridian, the semicircular plane that traverses the entire dome of the sky (from horizon to horizon) and contains both the sky’s zenith (the point directly above the observer) and the sun. This symmetry allows many terrestrial and shallow-living aquatic animals — particularly invertebrates — to use the polarisation pattern as a visual celestial compass during navigation.

As the sun’s elevation declines from its highest at midday (60–90°) to 0° at sunset, the daylight intensity drops approximately 100-fold, most of this drop occurring in the final 5°. By the time the sun has further sunk to 18° below the horizon (signalling the end of astronomical twilight and the onset of true night), light levels on a moonless night will have fallen a further 1–10 million times, although a night lit by a full moon will be around 100–1000 times brighter than this minimum. As we ourselves can attest, vision during the day and even at brighter twilight levels is reliable and of high quality. But at night our visual abilities are severely impaired by the paucity of light. We lose our ability to see colour (a loss likely shared by practically all other vertebrates) and

How do I find out more?


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Figure 2. Pollen tubes. An Arabidopsis pistil with pollen tubes growing down towards the ovules. The pistil is stained with decolorized aniline blue to visualize the pollen tubes. (Photo: Dr. Yuan Chen.)

makes sense that wind-pollinated plants would make a lot of pollen, to increase the chance of finding a female, but even in self-pollinated plants, such as tomato, each anther makes many more pollen grains than are needed for the available females in that flower. Pollen competition (i.e. faster growing pollen tubes succeed) might explain this conundrum.
the contrasts of fine spatial details are drowned by visual noise in our photoreceptors.

Remarkably though, many nocturnal animals see much better than we do at night, thanks to an impressive suite of optical and neural adaptations possessed by their visual systems. Certain nocturnal insects are able to distinguish colour, to orient using the faint pattern of polarised light formed in the moonlit sky and to navigate and home using landmarks or the broad but faint stripe of the Milky Way. Nocturnal vertebrates, like the Western tarsier Cephalopachus bancanus, with its massive eyes, are likely to share several of these abilities. However, whether colour vision is one of them is still an open question. Another nocturnal primate, the owl monkey Aotus azarae, has abandoned the trichromacy common in diurnal higher primates like ourselves: they have lost two spectral classes of cone photoreceptors to become monochromats, presumably to gain greater sensitivity.

The transitions from day to night and night to day (and from moonrise to moonset) are accompanied by the most dramatic changes in the colour of daylight experienced in terrestrial habitats (Figure 1A). As the sun or moon drops close to the horizon, skylight is typically dominated by longer wavelengths, that is, it has the orange-red colour we associate with sunsets. But as the sun or moon falls to just a few degrees below the horizon, the sky instead becomes intensely blue (Figure 1A). This is because the low elevation of the celestial body forces direct light to travel a long way through the intervening ozone. As the sun or moon sets further, the blue twilight fades and, if both bodies are absent, the light to travel a long way through the intervening ozone. As the sun or moon sets further, the blue twilight fades and, if both bodies are absent, the sky instead becomes intensely blue (Figure 1A).

The redder illumination of moonless nights is clearly seen in Figure 1B, which is an image of Death Valley in California obtained at night with a 62 second exposure. The landscape is distinctly orange, although we ourselves, lacking colour vision at night, would fail to notice this. A landscape bathed in moonlight, in contrast, looks remarkably similar to the same landscape bathed in sunlight (Figure 1C). This is because moonlight is simply reflected sunlight, with the moon behaving as a dirty and somewhat brown mirror that redirects the sun’s rays while slightly red-shifting their spectrum.

How nocturnal animals deal with these colour shifts in nocturnal light is not known, but these changes are likely within those tolerated by colour constancy, the neural mechanisms that ensure that the perception of colour remains uncorrupted during changes in the spectrum of natural illumination. What is unclear, however, is whether nocturnal animals are equally tolerant of light pollution. Apart from drastically increasing nocturnal irradiance, most light pollution is generated by mercury bulbs and low- and high-pressure sodium lamps whose spectra are significantly red-shifted, thus creating our orange and starless nights. Little is known of how light pollution impacts visual behaviour in nocturnal animals, although some well-known cases nonetheless exist. Sea-turtle hatchlings, programmed to seek out and scramble towards the faint glimmer of light marking the sea, are often misguided by the lights of nearby beach resorts, frequently perishing in their frantic and futile attempts to reach the water.

Although less dramatic, quite large changes in the spectrum of daylight can also occur within forests. On a sunny day in light woodland, where extensive clearings are formed by wide gaps in the forest canopy, the spectrum of irradiance in the clearings is similar to that in an open field. As the gaps close, direct light from the sun becomes blocked, and shade increases. The spectrum of irradiance then becomes shifted to shorter wavelengths since light penetrating the canopy gaps tends to originate predominantly from the blue sky. Once the gaps close completely, the irradiance spectrum at the forest floor is dominated by the spectral absorption characteristics of chlorophyll and other pigments in the leaves. The ‘greenish’ light so produced is particularly noticeable on a sunny spring day in a deciduous forest. On overcast days, all these spectral variations tend to narrow, converging on an irradiance spectrum similar to that found in an extensive clearing. As pioneering visual ecologist John
In aquatic environments, the absorption and scattering of light by water, phytoplankton, and dissolved organic matter dramatically decreases the intensity of downwelling irradiance with depth. Even in a clear ocean, the irradiance intensity at 480 nm is reduced by about 2.5 log units within the first 100 m (Figure 2A). Below this depth irradiance declines less rapidly: about 1.5 orders of magnitude for every 100 m of depth (Figure 2A). It reaches starlight levels (during the day) by approximately 450–500 m. Below 1000 m (which defines the lower boundary of the mesopelagic zone) almost no daylight penetrates, certainly insufficient to be seen by the vast majority of deep-sea animals.

Eyes built to reliably see objects in the mesopelagic zone, illuminated by increasingly dim extended light, tend to become larger with depth and to develop wider pupils. They also tend to increasingly sacrifice spatial resolution by spatially summing signals from larger groups of neighbouring photoreceptors, thereby creating a brighter but coarser visual scene. Increases in eye size, however, are governed by a law of diminishing returns — the performance returns of having a larger eye are lower the larger the eye is to start with. This reduced performance return is exacerbated by the fact that eyes are also energetically expensive, larger eyes obviously more so. In fact it turns out that, for detecting objects illuminated by dim downwelling daylight (like prey and conspecifics), eyes larger than about 9 cm in diameter are seldom warranted.

Such eyes are found in large swordfishes, and eyes larger than this have only been found in one other group of aquatic animals—giant deep-sea squid. The massive 30 cm diameter eyes of deep-sea squid, like the colossal squid Mesonychoteuthis hamiltoni and the giant deep-sea squid Architeuthis dux, reach this size because they have not evolved to detect objects illuminated by the dim downwelling daylight. Instead, the benefit of such giant eyes seems to be the detection of the faint extended clouds of planktonic bioluminescence triggered by the swimming of their major predator, the sperm whale,
thus providing them with an ‘early warning system’ and the best chances of escape.

**Colour**
In a clear ocean, water is most transparent to blue light of wavelength around 480 nm (Figure 2A). Thus, clear oceanic light is predominantly blue in colour, although biologically relevant intensities of both shorter and longer wavelength light remain down to several hundred metres. As a result of the presence of sediments, phytoplankton and dissolved organic material, coastal waters and freshwater creeks and lakes may selectively absorb other wavelengths of light and appear more yellow-green, orange or brown in colour (Figure 2B).

Not surprisingly, the photoreceptors of animals living in these spectrally different light environments have visual pigments whose absorption spectra are reasonably well matched to the colour of the downwelling light. The obvious benefit of this match is an increased photon catch and higher sensitivity. For instance, the great majority (89%) of deep-sea fishes have an all-rod retina containing a single visual pigment with absorption peak wavelength ($\lambda_{\text{max}}$) in the range 468–494 nm, a range that is well matched to the near-monochromatic colour of downwelling oceanic light. The photoreceptors of cephalopods ($\lambda_{\text{max}}$: 470–480 nm), and to a lesser extent deep-sea crustaceans ($\lambda_{\text{max}}$: 480–540 nm), are similarly well matched.

Fishes living in yellow-green coastal waters and inland freshwater lakes tend instead to possess photoreceptors of longer $\lambda_{\text{max}}$. Indeed, one of the classes of cone photoreceptors in the pond-living goldfish *Carassius auratus* has a $\lambda_{\text{max}}$ at 625 nm, one of the longest values known. Even within a single species (for example, the nine-spined stickleback *Pungitius pungitius*), individuals living in yellower waters may have visual pigments that are red-shifted relative to individuals living in bluer waters (shifts induced by changes in the relative proportions of the A1 and A2 chromophores). Paradoxically, however, these values of $\lambda_{\text{max}}$ are often far shorter than the dominant wavelengths of aquatic light present in the habitat. One explanation for this is that the longer the $\lambda_{\text{max}}$ of a visual pigment, the more susceptible the pigment is to thermal activation (in addition to light activation). This contaminating thermal noise could easily overwhelm the increased photon catch that the longer $\lambda_{\text{max}}$ would otherwise bestow — the resulting $\lambda_{\text{max}}$ is thus a compromise between maximising signal and minimising noise.

An impressive exception to the usual matching of vision to the prevailing light environment is found among three species of deep-sea dragonfishes (Family Stomiidae). These remarkable fishes have the unique ability to both produce and see far-red bioluminescent light (of wavelength beyond 700 nm), a light that is invisible to essentially all other deep-sea creatures, including the major predators of dragonfishes (although recent measurements amazingly suggest that one predator, the lanternfish *Bolinichthys longipes*, may actually be able to see it). Dragonfish eyes detect this unique red bioluminescence using a sensitising pigment that is most absorbent at 670 nm and that is based (quite remarkably) on chlorophyll-derived compounds originating in their copepod prey. Even though these long wavelengths are rapidly absorbed in water — limiting their useful range to less than 2 m — dragonfishes have the distinct advantage of possessing a ‘private waveband’ that may be used for covertly illuminating their prey.

**Angular distribution**
With increasing depth in clear water, almost all of the daylight available for vision comes increasingly from above (Figure 2C). This radience distribution is affected by the position of the sun in shallow water, but this influence declines with depth, disappearing altogether below the so-called ‘asymptotic depth’. Below this depth — 200 m in the clearest water — the radience distribution is vertically symmetric. In Lake Pend Oreille (Idaho, USA) it occurs at ~100 m. At this depth space light originating laterally ($\phi = \pm 90^\circ$ in Fig. 2C) and from below ($\phi = \pm 180^\circ$ in Figure 2C) is respectively about 40 times and 300 times dimmer than light originating directly above ($\phi = 0^\circ$ in Figure 2C).

But regardless of the body of water in question, dim down-welling daylight provides a backdrop against which aquatic animals can spot animals floating above, or against which they themselves can be seen from below. In deep water, the most significant light sources in other directions would be bioluminescent. Not surprisingly, many aquatic animals that strain to maximise the contrast of objects seen in this dim dorsal extended light field have large eyes pointing directly upwards. Mesopelagic hatchet fishes provide a splendid example (Figure 2D): animals being viewed from below have evolved various mechanisms to remove their silhouettes and avoid detection, including transparency, silvered body flanks and the possession of ventral photophores that produce a fairly good mimic of the spectrum, intensity and angular
distribution of the surrounding downwelling light.

Deep-sea fishes that have instead evolved to detect bioluminescent point sources have eyes constructed accordingly, typically having a high spatial resolution provided by a retinal area of tightly packed visual cells arranged in a deep pit-like fovea. Their eyes, though, are often quite small, with pupils only as large as necessary to detect points of light at ecologically meaningful distances, which in the nutritionally impoverished deep may only be a few body lengths.

Further reading

Correspondences

Neanderthal and Denisovan retroviruses in modern humans
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In the June 5th 2012 issue of Current Biology, Agoni et al. [1] reported finding 14 endogenous retrovirus (ERV) loci in the genome sequences of Neanderthal and/or Denisovan fossils (both ~40,000 years old) that are not found in the human reference genome sequence. The authors [1] concluded that these retroviruses were infecting the germline of these archaic hominins at or subsequent to their divergence from modern humans (~400,000 years ago). However, in our search for unfixed ERVs in the modern human population, we have found most of these loci. We explain this apparent contradiction using population genetic theory and suggest that it illustrates an important phenomenon for the study of transposable elements such as ERVs.

The genomes of extinct human groups (archaic hominins), such as Neanderthals, are now available with high throughput sequencing technology, which can produce millions of short (~100 base) sequences called reads from fossil bone or teeth. An analysis of a Neanderthal and a Denisovan genome identified many reads that contained sequences of viral origin, similar to known integrations of retroviruses into the germline of modern humans [1]. Such so-called endogenous retroviruses (or ERVs) are common, making up ~5% of our genome. Some of the reads spanned the integration site of an ERV, called here a locus, and thus were part viral DNA and part archaic hominin DNA (Figure 1). In some cases, the authors [1] did not find an ERV at the corresponding coordinate in the human genome reference sequence. Instead they found the pre-integration site, which is the sequence that existed before the virus inserted a copy of itself into the chromosome. All of these loci belonged to one ERV lineage (family), called HERVK(HML2) or HERVK, which is the only lineage that has continued to replicate within humans in the last few million years [2]. They concluded that these retroviruses had infected the germline of the archaic hominins either after their divergence from modern humans (~400,000 years ago) or immediately before divergence (with the integration and pre-integration sites then segregating differently in the lineages). However, while searching many new genome sequences of modern humans for ERVs, we have found most of these loci. For example, of the eight Denisovan loci for which Agoni et al. [1] were able to give precise genome coordinates, at least seven exist in modern humans. We have found six in an analysis of 67 cancer patient genomes (Figure 1), and examination of another study of 43 such genomes [3] shows all seven to be present (Supplemental information). One is K113 (19p12b), which is well-described and has a frequency of 16% in modern humans [2]. The four reported Denisovan loci lacking coordinates are within repetitive or unassembled regions of the genome, and we can neither confirm nor refute their presence in the modern human population: e.g. two loci are in transposable elements called Alu’s, of which there are ~1,000,000 copies in the human genome (making up ~10% of the human genome sequence). When an ERV integrates into another transposable element, finding this ERV locus can be a formidable computational challenge because there are many paralogous copies of the integration site. Two additional loci were reported from the Neanderthal fossil, and we have found one of these.

It is unlikely that these ERV loci in the archaic hominins are contaminants from modern human DNA. Average coverage of the Denisovan genome was only about twofold and the contamination rate among the reads was estimated using several approaches to have been less than 1% [4]. We believe that the explanation lies in fundamental population genetics. With the exception of co-opted ERV loci such as syncytins [5], which could increase in frequency due to positive selection, we assume ERV loci become common by genetic drift, and the average time for a neutral locus to reach fixation is 4Np generations (where Np is the effective population size). Given estimates of long-term human generation time and population size [6], this is ~800,000 years. The population divergence of modern humans from the Denisovan/Neanderthal